

Procedure Instructions

Women's College Hospital

You have been scheduled for an upcoming minor procedure at Women's College Hospital

Blood thinners should be stopped 5 days prior to your procedure – please discuss this with Dr. Somogyi

Please arrive 20 minutes prior to your scheduled procedure time.

You do not need to fast or prepare in any other way.

If the procedure is being done on your hands, arms, legs or feet, you cannot drive immediately after the procedure.

ADDRESS: **Women's College Hospital**

 76 Grenville Street

 Toronto, ON

 M5S 1B2

PROCEDURE:

Dr. Somogyi will briefly review the procedure with you and complete the consent form

A local anesthetic will be administered through an injection near the procedure site.

The anesthetic lasts 1-2hrs. You can take Tylenol and Advil once you get home

When the procedure is over you will leave the hospital and resume your regular daily routine.

Exercise and straining of any type should be avoided for 1-2 weeks

Post-operative instructions are located at <http://somogyiplasticsurgery.com/post-op-instructions>

Important Notes to Consider:

All procedures will leave a small scar. This will be hidden when possible and repaired meticulously at the time of procedure to make it as invisible as possible.

Dr. Somogyi will review your scar management routine in detail with you at your post-operative appointment 1-3 weeks after your procedure

In most cases, a combination of taping and silicone scar gel will be recommended. You can purchase the suggested scar treatment at the main office.