

**Somogyi Scar Care Program**

**POST SURGICAL PATIENT INSTRUCTIONS**

Micropore Tape or steri strips to cover incisions for 2 weeks

- If they come off early, replace if possible or use polysporin and bandaid/gauze until 2 weeks

Wash daily with soap and water after day 3 (gently pat with towel or blow dry tapes after washing)

Wash any open wounds with soap and water and apply polysporin OINTMENT daily. Cover with simple bandaid or gauze/tape dressing

After 2 weeks, if incisions are closed, begin silicone scar care with **SkinMedica – Scar Recovery Gel**

**Body:**

Apply a small amount of gel to the scar and massage with firm pressure along the scar for 2 minutes

Re-apply a bead of gel along the scar and cover with micropore “paper” tape

Repeat this every 2 days for 2-3 months or until scar has faded

**Face:**

Apply a small amount to the scar and massage with firm pressure along the scar for 2 minutes

Re-apply a thin layer onto the scar and allow to dry completely (forms a clear layer “bandaid”)

No need to cover



SkinMedica Scar recovery Gel



Steri Strips



3M Micropore “paper” Tape



Polysporin OINTMENT